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GlaxoSmithKline

Package Leaflet: Information for the User

Eumovate® Cream

clobetasone butyrate

Read all of this leaflet carefully before you start using this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1 What Eumovate is and what it is used for
2 Before you use Eumovate
3 How to use Eumovate
4 Possible side effects
5 How to store Eumovate
6 Further information

1 What Eumovate is and what it is used for

Eumovate contains a medicine called clobetasone butyrate. It belongs to a group of medicines called steroids. It helps to reduce swelling and irritation.

Eumovate is used to:

- help reduce the redness and itchiness of certain skin problems. It is used for mild skin problems or to keep your skin problem under control. These skin problems include eczema, dermatitis or insect bites.
- help reduce inflammation of the outer ear.

2 Before you use Eumovate

Do not use Eumovate:

- if you are allergic (hypersensitive) to clobetasone butyrate or any of the other ingredients of Eumovate (listed in Section 6)
- to treat any of the following skin problems, it could make them worse:
  - viral infections, such as cold sores, herpes or chicken pox
  - fungal infections, such as ringworm, athletes foot or thrush
  - skin blisters or sores that are caused by an infection.

Do not use if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before using Eumovate.

Take special care with Eumovate

Check with your doctor or pharmacist before using your medicine if:

- you are applying the cream under an airtight dressing, including a child's nappy. These dressings make it easier for the active ingredient to pass through the skin. It is possible to accidentally end up using too much cream.
- you have psoriasis, your doctor will want to see you more often.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before using this medicine.

Pregnancy and breast-feeding

Talk to your doctor or pharmacist before using this medicine if you are pregnant, might become pregnant or are breast-feeding.

3 How to use Eumovate

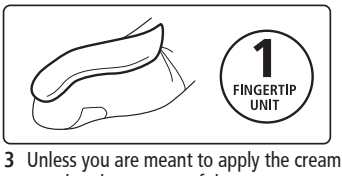
Always use Eumovate exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Using this medicine

- You usually apply Eumovate up to 4 times a day. This may be reduced as your skin begins to get better.
- This cream is for use on your skin only.
- Do not use on large areas of the body for a long time (such as every day for many weeks or months) - unless your doctor tells you to.
- If you are applying the cream on someone else make sure you wash your hands after use or wear disposable plastic gloves.
- If your skin problem does not improve, talk to your doctor.

Guidance on how to apply the cream

1 Wash your hands.
2 Gently rub the correct amount of cream into the skin until it has all disappeared. You can measure how much Eumovate to use with your fingertip. This picture shows one fingertip unit.



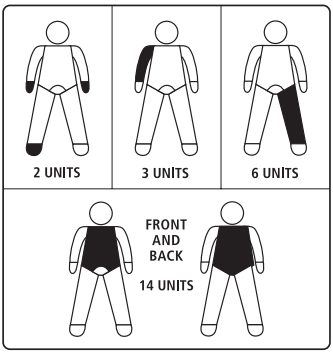
3 Unless you are meant to apply the cream to your hands as a part of the treatment, wash them again after using the cream.

For an adult

You should find that:

- two fingertips of cream will cover both hands or one foot
- three fingertips of cream will cover one arm
- six fingertips of cream will cover one leg
- fourteen fingertips of cream will cover the front and back of the body.

Do not worry if you find you need a little more or a little less than this. It is only a rough guide.



For a child

- The smaller the child the less you will need to use.
- A child of 4 years needs about a third of the adult amount.
- A course of treatment for a child should not normally last more than 7 days - unless your doctor has told you to use it for longer.

If you apply Eumovate to your face

You should only apply the cream to your face if your doctor tells you to. The cream should not be used for too long as the skin on your face thins easily. **Do not let the cream get into your eyes.**

If you use more Eumovate than you should

If, by mistake on a few occasions you use more than you should, do not worry. If you apply a lot or if a lot is accidentally swallowed, it could make you ill. Talk to your doctor or go to hospital as soon as possible.

If you forget to use Eumovate

If you forget to apply your cream, apply it as soon as you remember. If it is close to the time you are next meant to apply it, wait until this time.

If you stop using Eumovate

If you use Eumovate regularly make sure you talk to your doctor before you stop using it.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4 Possible side effects

Like all medicines, Eumovate can cause side effects, although not everybody gets them.

Stop using Eumovate and tell your doctor as soon as possible if:

- you find that your skin condition gets worse or becomes swollen during treatment. You may be allergic to the cream, have an infection or need other treatment.
- you have psoriasis you may get raised bumps with pus under the skin. This can happen during or after treatment and is known as pustular psoriasis.

Other side effects you may notice when using Eumovate include:

Very rare (affects less than 1 in 10,000 people)

- A feeling of burning, irritation or itching where the cream is applied.

Other very rare side effects if you use Eumovate for a long time, you use a lot each time you apply it, or you apply it under an airtight dressing or a nappy:

- Increased hair growth and changes in skin colour
- Thinning of your skin and it may also damage more easily
- Weight gain, rounding of the face and high blood pressure. These are more likely to happen in infants and children.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5 How to store Eumovate

- Keep out of the reach and sight of children.
- Do not use Eumovate after the expiry date on the tube or carton (Exp). The expiry date refers to the last day of that month.
- Do not store above 25°C.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6 Further information

What Eumovate contains

- The active ingredient is clobetasone butyrate. Each 1 g contains 0.5 mg of clobetasone butyrate (0.05% w/w).
- The other ingredients are glycerol, glycerol monostearate, cetostearyl alcohol, beeswax substitute 6621, Arlacel 165, dimeticone 20, chlorocresol, sodium citrate, citric acid and purified water.

What Eumovate looks like and contents of the pack

Within each carton is a tube with a plastic screw cap, which contains either 30 or 100 g of cream.

Marketing Authorisation Holder and Manufacturer

Product licence held by GlaxoSmithKline UK, Stockley Park West, Uxbridge, Middlesex UB11 1BT

Manufactured by Glaxo Wellcome Operations, Barnard Castle, Durham DL12 8DT

More Information

If you have any questions or are not sure about anything, ask your doctor or pharmacist who will advise you. Other sources of information are:

National Eczema Society, Hill House, Highgate Hill, London N19 5NA

The Psoriasis Association, 2 Queensbridge, Northampton, NN4 7BF

You may also be able to find out more from books in public libraries.

Other formats

To listen to or request a copy of this leaflet in Braille, large print or audio please call, free of charge:

0800 198 5000 (UK Only)

Please be ready to give the following information:

Product name

Eumovate Cream

Reference number

10949/0035

This is a service provided by the Royal National Institute of Blind People.

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